



magnide



Place the Magnide across the foot. Ensure that the orange flap near the toes is well folded back, so the magnet makes contact at the bottom.

1



Pull the stocking over the Magnide. Advice: don't roll up the stocking because that makes it even more difficult to put on!

2



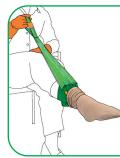
Slide the stocking over the Magnide until the heel of the stocking is in the right position.

3



Make sure that the light green loop sticks out above the stocking so it can be grabbed.

4



Wriggle your toes. Pull the light green loop upwards to remove the Magnide from the stocking. Regrab if possible when removing the Magnide.

5



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Lay the Magnide flat with the inside (the side where the size label is attached) down and click the green light loop on the bottom.

